



RUSGA News, December 2023



Hello Rangers and Regis Community!

This fall semester has been a time for community need and connection more so than ever. We are grateful for all that you do to advocate for the wellbeing and success of the Regis Community.

For this fall semester, RUSGA was able to create a partnership with the Regis Library Archives, to maintain a RUSGA history, connect with the Colorado Department of Education on student activism, develop awareness for sustainability projects, policy transparency, and accessibility efforts for our peers.

To name a few projects we worked on: Student Transportation Program, Cura

Personalis Period Bill, student club/org engagement, student tradition, Dia de los Muertos, Hispanic Heritage month, Campus Safety Week Projects, developing a Jesuit SGA winter summit, and working with the goals of Laudato Si'.

We ask that you complete this [survey](#) if you have any suggestion on how to improve the services of RUSGA and make growth for the Spring Semester!

News and Updates from your Student Body President, Madelaine Johnson:

Congratulations on your achievements this semester and for the community support that we have shown for each other! In my four years of being here, I witnessed this community come together and truly uphold the Jesuit values. I am proud to be a member of this family. In just a few days, some of you may go home to friends and families this winter break and celebrate our unique personal traditions. However, others may not be able to go home or home for them will be the Regis campus. The holidays may cause stress and anxiety for some of us, and it can be a time where we feel alone. RUSGA is here to support and be present with you. Please feel free to reach out to me to connect: mjohnson048@regis.edu.

Additionally, I would like to share with you that RUSGA was able to partner with Khesed Wellness here in Denver, which is a local affordable mental health organization. Khesed has just received

\$50,000 to provide 50 Regis students impacted by the recent student tragedy with 12 free session hours each of free therapy at [Khesed Wellness](#). If you are interested, please reach out to them at (720) 575-9889. Please also be aware that Regis does offer mental health support for Regis students on campus at the Coors Wellness Center. They have Walk-In Hours: Mon. 1-2 p.m., Tue. 9-10 a.m., Wed. 10-11 a.m., Thu. 2-3 p.m., and Fri. 11 a.m.-12 p.m. To get an appointment schedule, please contact (303) 458 -3558 or hcc@regis.edu.

Senate Updates from your VP of Representation, Iris Jaramillo:

As the semester is winding down from budget requests, I am preparing for the start of next semester. You can look forward to a safety week (I just got the order of Birdies in, which is a personal safety alarm. RUSGA will be handing them out during this week), more opportunities to receive free period products, and the ability to talk to your senators at tabling events. To accomplish these projects I worked with Campus Safety, MilVets Office, and with YOUR elected senators. This semester I have been advocating for students during Campus Safety Advisory Council Sessions, through the expansion of the Cura Personalis Period Initiative, and through senate sessions. If you have suggestions or concerns that I should work on next year in terms of programming and/or advocating for specific needs, please reach out at ijaramillo@regis.edu.

The Work of RUSGA Chief of Staff, Hailey Kreiling:

Throughout the fall semester in collaboration with the University Archives, I have been sharing foundational RUSGA documents with the archives to create foundational institutional history, so future RUSGA bodies can look back to see what we have done, and build upon our work. Additionally, I've been working with the Open Education Resource team in the Library to create better accessibility to free educational resources for students -- like textbooks and books for courses.

Events, Resources, and More from your VP of Social Justice and Diversity, Yelene Martin:

Hi everyone! As we wrap up the fall semester I hope studying is going well for all and that everyone has a relaxing break. In preparation for the Spring semester, the Social Justice and Diversity committee has been working on different individual projects to bring forth different events that highlight how diverse our Regis community as well as involvement with ManifestU. ManifestU is a program that aspires to unite the Regis community with professional development in social justice and inclusive excellence. If you are interested please reach out at ymartin@regis.edu as we all strive to foster an inclusive climate for everyone.

Gratitude from VP of Academics, Lauren Manzanaras:

Hello, my fellow Regis friends! I am so sad our fall semester is wrapping up. Can I just say how proud I am of each and every one of you! This semester we have been able to accomplish so much, and I cannot wait for what spring semester brings. As your Academic VP, I have been working closely with my friends at the library. This semester we have been working on a project that will be coming this spring.... let's just say we will be working with our Denver community. As we approach the spring semester, I would love to hear your feedback. I love meeting with my Regis family and creating lasting friendships. May you have a wonderful Holiday!

Upcoming Events and Getting Involved from VP of Involvement, Sheccid Apodaca:

As we head into our last week of finals and look forward to a well deserved break with family and friends, I want to congratulate all of us on completing another semester at Regis! I am in the process of planning Ranger Week and Ranger Day for the spring. This week of community and fun includes our spring dance, music, food, and many other activities.

If you are interested in joining the planning committee for Ranger Week, please fill out this google form: <https://forms.gle/LYd2noo2TkcDabRDA>.

As well, we want to hear your thoughts and ideas on what you would like to experience for Ranger Week and Ranger Day! Please fill out this google form: <https://forms.gle/FHnJMoQxwsRnu5j79>.

If you have any ideas for events next semester, outside of ranger week, please reach out to me!
sapodaca001@regis.edu.

Have a safe and blessed winter break!